Excellence

Potato salad



Growing Harvesting Preparing Sharing

Equipment:

Peelers

Knife

Chopping board and mat Saucepan and steamer, with lid

2 Mixing bowls; 1 small, 1 large

Fork for testing potatoes

Spatulas

Serving bowl

Serving spoon

Ingredients

1 batch potatoes, prepared in advance, soaked in water

2 stalks celery

1/2 apple

1 bunch herbs, hand-torn or coarsely chopped Flowers and extra herbs to garnish, if available

2 medium/large potatoes (abut 400g)

Dressing

1/4 cup mayonnaise

1/2 tsp vellow mustard

1/2 tsp apple cider vinegar or juice of 1/2 lemon

or Seville orange

(salt & fresh cracked pepper, to taste)

Method:

Remember to clean up your workstation as you go

- 1. Drain the pre-cut potatoes, and place them into a steamer set. Steam with lid on until they are slightly soft but not falling apart (approximately 10 minutes).
- 2. **Meanwhile**, slice the celery into manageable lengths, then into long strips. Then cut them into small dice. Place into the small mixing bowl.
- 3. Slice the apple and remove the core. Dice the apple into dice. Add this into the bowl with the celery.
- 4. Prepare the potatoes for the next class:
 - a. Peel the potatoes and wash them.
 - b. Clean up your work space, putting the skins in the compost and wiping down your bench and board.
 - c. Cut the potatoes into 1-2cm dice. (See the bench scraper to see how big this is.) **Remember: Dice are cubes.**
 - d. Put these potatoes into the potato container and cover with water, ready for the next class.
- 5. Combine all the dressing ingredients into the large bowl. Mix thoroughly.
- 6. Test the potatoes with a fork. If the potato is soft, it is cooked.
- 7. Lift up the steamer and tip the cooked potatoes into the large mixing bowl with the dressing. Gently mix together until the potato has cooled.
- 8. After they have cooled, mix through the celery, apples and herbs.
- 9. Place the salad neatly into the serving bowl.
- 10. Garnish with a flower and extra herbs and provide with serving spoon.

Salt and pepper will be added at the table.